

## Did you know?

- Did you know that 242 earthquakes occurred across Canada in September alone?
- Earthquakes can strike on any day at any time. There is no "earthquake season."
- If the ground shakes right now, what would you do? "Drop, Cover, and Hold On" is a simple and effective response that will save lives.

AKDN ShakeOut: Everyone, everywhere, should know how to protect themselves in an earthquake



- This year, the AKDN ShakeOut drill will be held on **Friday November 4**<sup>th</sup> in Jamatkhanas across Canada and during the month of November in Institutional Offices, Bait-ul-Ilm and Seniors Drop-In Centres.
- Create a family emergency plan and kit: http://www.getprepared.gc.ca/index-en.aspx
- For more information about the AKDN ShakeOut drill, visit http://www.shakeout.org/akdn/



## Want to become more involved?

FOCUS and the Canadian Red Cross are looking to train Ready When the Time Comes (RWTC) volunteers to respond when a disaster strikes.

- FREE, in-person training.
- Must be 18+ years and are required to have passed a background security check.
- We are looking for people like you to sign up and become part of the initiative.
- Click <u>here</u> to learn more about this initiative and to <u>sign-up</u> today!