

Tips for Recording Using a Mobile Phone

Video

- Ensure your camera is set to record in 1920x1080 HD. Do not film in 4K video
- Please set up your phone to record horizontally (landscape orientation)
- Ensure that the lens on your phone is at your eye height. Consider using books to elevate your phone. The viewer should see what is behind you and not your ceiling
- Lean the phone against a solid object such a book so it does not slide or fall over
- Frame the camera in a medium shot of yourself. (see "example A")
- Do not use the camera's zoom function, but rather physically move the camera closer to or away from you. This may require re-adjusting the height/angle of the camera.
- Do not leave too much space from the top of your head to the top of the video frame
- Be sure to leave room at the bottom of the screen for captioning and ASL. (see "example B")

Background

- Pay attention to what is behind you
- Avoid having a cluttered background, computer monitor or television behind you
- Choose an area that is simple and not distracting



Example A



Example B

Audio

- Use a wired or bluetooth headset connected to your phone.
- If you do not have a headset you could either:
 - a) record audio and video on your phone but speak louder than you normally would
 - b) use a second phone to record audio only by placing it as close to you as possible

* for both A and B remove your phone case to ensure it does not cover your phone's microphone

Lighting

- When possible face a window to ensure that your face is evenly lit and there are no harsh shadows
- Do not film with a window behind you as this will make your face darker and your windows too bright.

*most importantly don't forget to smile! 😊