



EMPLOYMENT AND LIFE SKILLS PROGRAM FOR IMMIGRANT WOMEN

Are you an immigrant woman who feels the need for a better future?

Do you need information about education and work opportunities?

Do you wish to improve your job search skills?

This is an opportunity to

- √ **Increase your confidence**
- √ **Identify and learn to market your skills**
- √ **Practice job interviews and networking**
- √ **Learn about Canadian Business Culture**
- √ **Further develop your English language skills**
- √ **Develop a plan to reach your goals**

FEE: FREE for Immigrant Women

PLACE: 1000 Voices at the Genesis Centre of Community Wellness
7555 Falconridge Boulevard NE, Calgary, T3J 0C9

CLASSES BEGIN: February 8 – March 28, 2016; every Monday for 7 weeks

TIME: 9:30 am – 3:30 pm (Bring your lunch)

CHILDCARE: Register for free childcare

FOR FURTHER INFORMATION and TO REGISTER, CONTACT:

ELAINE e-mail: employmentlifeskills@makingchangesassociation.ca

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www.makingchangesassociation.ca

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