PYD in the Canadian Jamat



Topic 2 Building the 40 Assets

2.1 Building Assets in the Canadian Jamat

YOUTH DEVELOPMENT THEME MANAGEMENT TEAM
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Module Overview







Module

Topic 1 – PYD Fundamentals

- 1.1 What are PYD and the 40 Assets?
- 1.2 The Current State of PYD Within Our Jamat

Topic 2 – Building the 40 Assets

- 2.1 Building Assets in the Canadian Jamat
- 2.2 Targeting Segments in Asset Building
- 2.3 Helping Our Youth Find Their Sparks

Topic 3 – Institutional Tools

- 3.1 Implementing PYD Within the Jamat
- 3.2 Program Evaluation Toolkit

1

Positive family communication

Young person and her or his parent(s) communicate positively, and young person is willing to seek advice and counsel from parents



2

Community values youth

Young person perceives that adults in the community value youth



(3)

Family support

Family life provides high levels of love and support



Other adult relationships

Young person receives support from three or more nonparent adults





Best practices can be leveraged to build prioritized assets

1 Review: Best practices to build Positive Family Communication (1/2)

Positive Family Communication

Key facts

- Communication may influence how families feel towards each other
- Family communication tends to decline as young people age

Best Practices

- Make time to talk during everyday activities
- Exercise active listening



Examples (more to follow)

- Engage in dialogue while participating in Seva (e.g., bagging Nandhi, serving chai)
- When driving home from Jamatkhana, ask your children what they thought of the Farman that was recited that evening

1 "Canada" includes: Ottawa, Ontario, BC, Prairies, Edmonton

SOURCE: Search Institute 3

1

Review: Best practices to build Positive Family Communication (2/2)

More examples of how to build Positive Family Communication



Jamat

If a young person's family member is not in Jamatkhana, ask them how that family member is doing



Family

When driving home from Jamatkhana, ask your children what they thought of the Farman that was recited that evening



BUI Faculty

Inform parents about what was taught each week and encourage them to converse with their children about it



Boards/Portolios

Create opportunities for families to participate in activities together



Leadership

Emphasize the importance of family communication in speeches and discussions



^{1 &}quot;Canada" includes: Ottawa, Ontario, BC, Prairies, Edmonton

2 Review: Best practices to build Community Values Youth (1/2)

Community Values Youth

Key facts

 Direct feedback and outcomes help youth feel valued

Best Practices

- Include young people in important decisions
- Be patient with young people if they make mistakes or don't do it exactly as you would like
- Thank young people when they do something helpful

Examples (more to follow)

- Include youth in event planning (e.g., what snacks should be provided with chai)
- Say "Thank you" when a young person does Seva (e.g., carrying Nandhi to a car, bringing food to a Jamati member)
- Compliment young people when they do well (e.g., read a Farman clearly)

^{1 &}quot;Canada" includes: Ottawa, Ontario, BC, Prairies, Edmonton

2

Review: Best practices to build Community Values Youth (2/2)

More examples of how to build Community Values Youth



Jamat

Say "Thank you" when a young person does Seva (e.g., carrying Nandhi to a car, bringing food to a Jamati member)



Family

Ask children to assist with important activities (e.g., preparing food for Nandhi)



BUI Faculty

Ask for student input and feedback when developing lesson plans



Boards/Portolios

Include youth in event planning (e.g., what snacks should be provided with chai)



Leadership

Compliment young people when they do something well (e.g., read a Farman clearly)





Review: Best practices to build Family Support (1/2)

Family Support

Key facts

 Quality time with children can encourage them to create relationships with other adults

Best Practices

- Spend regular one-on-one time with teenagers in your family
- Allow children to express differences of opinion



Examples (more to follow)

- Enjoy breakfast at a restaurant as a family after Baitul Khayal ceremonies
- Ask your children about their thoughts on a Jamati readout; encourage them to defend their perspective

SOURCE: Search Institute 7



Review: Best practices to build Family Support (2/2)

More examples of how to build Family Support



Jamat

Inspire
confidence in
other parents
by sharing
stories about
having difficult
conversations
with young
people



Family

Ask your children about their thoughts on a Jamati readout; encourage them to defend their perspective



BUI Faculty

Introduce a lesson that involves getting assistance from a family member (e.g., parent, uncle or aunt, cousin, sibling)



Boards/Portolios

Inform parents about existing programs that could support their children (e.g., Tutorial Learning Centre)



Leadership

Ask parents if they feel equipped to answer questions that their children may have





Review: Best practices to build Other Adult Relationships (1/2)

Other Adult Relationships

Key facts

 Most happy, successful adults had significant role models as youth (e.g., a teacher, coach or neighbour)

Best Practices

 Encourage young people to participate in group activities planned by adults (e.g., sports)



Examples (more to follow)

- Encourage children to participate in organized programs (e.g., IVC, BUI, Ismaili camps, sports tournaments, Scouts, Duke of Edinburgh)
- Suggest young people proactively interact with elders of the Jamat
- Invite another family (both parents and children) over for dinner before attending Jamatkhana

SOURCE: Search Institute 9



Review: Best practices to build Other Adult Relationships (2/2)

More examples of how to build Other Adult Relationships



Jamat

Say "Ya Ali Madad" to a young person when attending Jamatkhana



Family

Invite another family (both parents and children) over for dinner before attending Jamatkhana



BUI Faculty

Make time to mentor students; be a role model



Boards/Portolios

Introduce programs that encourage dialogue between different generations of the Jamat



Leadership

Learn the name of a young person when attending Jamatkhana



Every Jamati institution has vehicles to build prioritized assets

Social Welfare Board Care for the Elderly Health Board HRD/IVC **ITREB EPB Arts and Culture Poverty Alleviation Women's Development AKYSB Education Board Jamatkhana Settlement**

Activity: How will your Jamati institution develop prioritized assets?

- Split into your respective boards and portfolios; find a quiet space to gather or partner up if less than 3
- 2) Designate 1 scribe, 1 timekeeper and 1 facilitator
- Brainstorm 3 different ways to infuse the 4 prioritized assets into programs provided by your board
 - Asset-building strategies do not need to be program-based
 - Asset-building strategies should not create new programs



Debrief: What did you learn from the exercise?

- What were some interesting ideas that your team considered?
- What factors did you consider when brainstorming ideas
 - E.g., reach, impact, access
- What roadblocks could you foresee while implementing these ideas?
 - How would you get around them?
- What metrics would you use to measure success?



Next steps

All youth programs will be **purposefully linked** to one or more of the 40 assets with special attention given to **prioritized assets**

Asset Champions will be present in the Jamat to:

- Serve as the subject matter expert for PYD
- Educate stakeholders in PYD (B&P's, Institutional leaders, MK's and the Jamat)
- Implement PYD strategies
- Identify additional needs within the Jamat with respect to youth
- Interact with the broader community to build Jamati profile

