

MAKING CHANGES EMPLOYMENT AND LIFE SKILLS PROGRAM

Employment and Life Skills Program is designed to provide immigrant women with pre-employment support.



Understanding your personal strengths, build your skills for finding employment in Canada.

The Program includes;

- ✓ **Effective Resume Writing**
- ✓ **Interviewing Skills**
- ✓ **Online and Offline Networking**
- ✓ **Canadian Business Culture**
- ✓ **Personality Dimensions**
- ✓ **Career Planning and Innovative Job Search**

This winter we will be offering **two** sessions of the Making Changes Program at two different locations! Sessions will start in January, and be held one day a week for eight weeks.

NORTH: 1000 Voices at the Genesis Centre of Community Wellness

7555 Falconridge Boulevard NE, Calgary, T3J 0C9

Every Tuesday for 8 Weeks starting January 23rd and ending March 13th

TIME: 9:30am – 3:30pm

SOUTH: St. Andrew's Centre

1 – 10601 Southport Rd SW

Every Wednesday for 8 weeks starting January 31st and ending March 21st

TIME: 9:30am – 3:30pm

REQUIREMENTS: Permanent Resident or Convention Refugee
Minimum Canadian Language Benchmark 3
Must commit to attending all eight classes
Must be ready to look for work

Course and Childcare is free for accepted participants

To Find out more or register please contact:

e-mail: employmentlifeskills@makingchangesassociation.ca

Tel: 403.262.5776 ext. 1

Please include location, immigration status, email address & telephone number

www.makingchangesassociation.ca